#### CASE Collaborative Mandated Legal Training 2023-2024

Anaphylaxis & Epi-Pens



#### Signs of an Allergic Reaction

- MOUTH: Itching or swelling of the lips, tongue and mouth.
- THROAT: Itching and/or a sense of tightness in the throat, hoarseness, hacking cough
- SKIN: Hives, itchy rash and/or swelling of face, swelling of extremities
- GUT: Nausea, abdominal cramps, vomiting and/or diarrhea
- <u>LUNGS</u>: Shortness of breath, repetitive coughing and/or wheezing
- HEART: "Thready pulse," "Passing out"

### Symptom Reminder

The severity of symptoms can quickly change. The aforementioned symptoms can potentially progress to a life-threatening situation!!!

## ACTION FOR A MAJOR REACTION

Call CASE Nurse/Nurse within your designated host school

OR

• 911

# Emergency Response to an Anaphylactic Reaction

- If anaphylaxis is suspected and symptoms worsen and are severe (difficulty breathing, wheezing, hives, difficulty speaking or swallowing, rapidly progressing hoarseness or choking, rapid swelling of the face, lips, tongue, fainting):
  - 1. Give epipen immediately!!! (if one is available in classroom)
  - 2. Call 911
  - 3. Notify Parents